

# Cot Safety Fact Sheet

**lullabub**<sup>zzz</sup>  
cot rocker



**babyhugs**  
Growing Solutions

Please Check that your cot complies with the Australian Standards AS/2172.

Please ring the supplier or company manufacturer.

For your information we have below some guidelines to do a check on your cot.

## Please check for:-

- The spaces between the vertical bars must measure between 50mm and 85mm
- The distance between the top of the mattress & the top of the cot rail should be no less than 500mm
- The distance between the cot sides & the mattress is to be less than 25mm
- There shall be no spaces in the cot between 5mm to 12mm and 30mm to 50mm.
- No protruding parts in the cot of more than 8mm
- The space between the bottom rail of the drop side & the mattress base is to be between 12mm and 30mm in the upper position.
- There shall be no horizontal bars or anything that your baby may get a foot on to, inside the cot

## Please be aware that :-

- Cots made prior to 1998 do not comply with the latest safety standard and for the safety of your baby should NOT be used
- It is illegal to sell a cot in Australia that does not comply to the Australian standards 2172
- The reason for these measurements is to reduce accidents that have happened in cots that don't comply.
- The measurements are there to reduce falls from a cot, head entrapments, finger, arm and leg entrapments and the protrusion restrictions within the cot to prevent strangulation. The mattress must also be tight fitting within the measurements to prevent suffocation, as the baby may get caught between the cot and the mattress.

## The correct way to lay a baby down to sleep:-

- Place your baby on their back with their feet up close to the end of the cot.
- Place the cot away from any windows that may have cords or strings for the blinds
- Place the cot at least an adults arm length away from heaters, power points, curtains and anything that your baby might be able to get a hold on to, even soft toys.

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# A correct way for safe sleeping.

Face & Head uncovered.

In a Smoke free environment.



A tight fitted mattress with a firm fitted sheet.

Place your baby on the back to sleep.

Sheet & Blanket firmly tucked in.

Feet at the base of the cot.

The following items are not recommended in the cot at any time:

- \* Soft toys
- \* Pillows
- \* Doonas
- \* Cot Bumpers

Use an Australian Standards approved Cot (AS/NZS 2172).

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